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inducere raucedinē. Quia partes eius aliq[ue] viscole adh[er]et ipsi canne pulmo
nis facientes raucedinē. Secundo potest inducere raucedinē in corporibus co-
lericis. quia oleum in talibus cito inflamat. Et sic inducit ex tali calefactione
exhalationē et raucedinē. prima tamē causa videtur melior. Tertia est frigus
capitis. Tertius causa est. Quia ex frigore capitis sit cōpresso cerebri. Ex cui⁹ cō-
pressione fluant humores deorum versus guttū et cannā pulmonis inducens
tes raucedinē ppter nimia humectationē canne. Quarta est anguilla sine comis-
mestio anguille. Quia ex eis eius flegmata viscosa multiplicant que venientia
ad cannam pulmonis illic adh[er]ent inducētes raucedinē. Quinta est potus n[on]
mīus et mārie q[uod] itur dormitū. Tertius causa est. Quia ex tali canna pulmonis
et iā multū humectat. Jam vehemē humectatio canne pulmonis potissimā ē
causa raucedinis votis fin oēs medicos. Sexta est pomū cruciū. Quia in qua-
cum crudū multiplicat flegmata. Et si sit cū hoc immaturū sūpticū sine pontis
cum guttur exasperat.

¶ Contra Reuma.

Jejuna vigila caleas dape valde labora
Inspira calidum modicum bibe comp̄ime flatum
Hec bene tu serua si vis depellere reuma
Si fluat ad pectus dicatur reuma catarrus

Ad fauces brancus ad nares esto corisa.
Wilen sein der schnuppen loß
Szo fast vnd wach tu arbeit groß
Brauch warme loßt vnd warme speiß
Den atumb halt vnd trink auch leiß
Der fluß auch andere namen hatt

Vlach dem er geht an dreierlei stadt.

Hic tangunt septē q[uod] curat reuma. Primum est abstinentia siue lesionis. Quia
per hoc materia reumatis diminuit q[uod] abstinentia exiccat et materia melius ma-
tura et consumit. q[uod] natura nō habet materiam cibalem in quā agat agit in mate-
riā reumatis et cōsumit eā et caput minus replet. Et ḡ d̄t Alii. 5. in trac. i.c. 13.
Et oportet qdē ne paties catarrū et corisam replete ventrē cibis quare replete
caput eius. Scđm est vigilia; q[uod] illa etiā est exiccatione cerebri et prohibita ass-
cenſus multorū vaporū ad caput. Tertium est cibī calidi qui etiā suā in reuma
te cū est ex materia frigida. q[uod] per illos etiā tunc digerit materia frigida. Quar-
tum est multū laborare. q[uod] p[ro] hoc etiā cōsumit materia reumatis. q[uod] labo[ri] mul-
tus exiccat superfluitates corporis. Et loco istius dictiōis valde. quidā textus
habent vestē. Et tunc sensus est q[uod] in cura reumatis etiā valet calefēre vestib⁹. Et
hoc etiā verū est. maxime tamen q[uod] materia reumatis est frigida. Quintū est
inspiratio aeris calidi. Et hoc maxime in catarro ex materia frigida. q[uod] per aerē
inspiratū calidū tūc calefit materia et maturat. Sextū est modicū bibere et pa-
ti sitim. q[uod] per h[ab]et etiā materia reumatis cōsumit cū sitis siue modica bibitio exic-
cat. et etiā per modicā bibitionē non replet sicut per multū potū. Septimū est
cōsumere flatum id est retinere anhelitū. Istud em̄ valde bonū est in catarro