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re ne vnius rei quantūcumq; bona sit sibi consuetudinem faciat q; ipsam seruire  
sit necessariū Uerbi gratia. si quis vno cibo consueto semper vtatur: vel aliquo  
potur: vel totaliter ab eis abstineat: vel dormire vel moueri vñ corre taliter astue  
scat. ad hoc grauiter astringit. maximū em̄ incurret noſumentum. si interdū ab  
eisdē oportet abstineare. Sic igit̄ qdlibet copiū ſe diſponere debet ut calorē et  
frigus pati poſſit et ad motiones: et ad quolibet nutrientia aptus reddet: et ut  
ſomni et vigiliarū hoſas manſiones et domos lectos et indumenta ſine leſionis  
permuttere poſſit. Quod quidem poterit fieri ſi conſuetudo non obſerueretur ad  
vnguem. ſed interdū ad incouſueta tranſeamus. Oportet igit̄ ad incōſues  
ta aliquando permuttere. et iſtud vult Ba. iij. almā. c. de conſeruatione conſues  
tudinum. Tertiū documentum eſt q; fortior et potior metha in medicando  
egrum eſt admiſtratur dietam certam: quā ſi medicus non curauerit: et aliam  
indebitam admiſtrauerit fatue regit egrum et male eum curat. Et circa iſtud  
eſt ſciendum q; triple: eſt dieta. ſ. groſſa. que eſt quā dieta ſanorū tenuiſſima  
que eſt nibil dare. vel quaſi et media: que absolute tenuis dicit. Et iſta diuidit  
in dietam tenuem declinantē ad latuſ groſſe. ſicut aqua carnis oua ſorbilia. et  
pulli paruere declinante ad tenuiſſimam ſicut aqua ordei mellicratū et vñgra  
natorum: et media que certa noſiatur: et priſana nō colata: et extremitates pulſ  
lorum. Et iſta dieta certa in pluribus conuenit egritudinibus. nō tamen in omniſ  
bus. Non eſt conuenit in egritudinibus longis: Quia in talibus oportet virtus  
tem longo tempore eſſe anteq; perniciſat ad victoriā. et virtus cum dieta certo  
tempore nō poſſet perdurare ſine magna debilitate. oportet ergo in tali egritu  
dine cibū ingroſſare. Similiter nō conuenit in acutissimis egritudinibus. Ic; in  
illis que terminant in quarto die vel ante. Quia in talibus conuenit dieta tenuiſſima.  
vt vult Ipo. i. ampho. ibi. Ad ultimā egritudines ultime curationes ad  
perfectionem ſunt potentes.

### ¶ De admiſtratione medicinae.

Quale quid et quando. quantum quotiens vbi dando.

Iſta notare cibo debet medicus dietando.

Ein arze ſehe auſſ der kranken ſpeyß  
Was her yn geb vnd welcher weiß  
Wie vil: wie offr: zu welcher zeyt  
Vnd woe: dar an nicht wenig leith.

In iſto textu ponunt ſex a medico conſideranda in admiſtratione diete. Pri  
mum eſt quale. i. cuius qualitatē debet eſſe cibus. Quia in egritudine calida de  
bemus egrum dietare frigido cibō: et in frigida calido. in humida ſiccō. in ſicca  
humido. Uerū tamen quia naturalis cōplexio dieta ſibi ſimiliter conſeruari deſ  
bet. vt vult Galienus. in tegni. ibi. Calidiora calidioribus indigent adiutorijs.  
frigidiora frigidioribus etc. Secundum eſt quid. i. cuius ſubſtantie debet eſſe ci  
bus. Quia athlete et rustici fortibus exercitijs ſuppoſiti debent dietari cibo gro  
ſſo. Quia in eis viſ digestiua eſt fortis. Et ſic non debent vti cibis ſubtilibus ut  
pullis. capomi. carnib⁹ vienlinis ſeu heciniis: q; iſte carnes in eis adurent aut  
nimis citio digerenſ: q;re nece eſſet eis ſcipe cōmedere. Nobiles ho et in ocio viue  
tes dant vti dieta ſubtiliſ ſubē. q; i; eis virt⁹ digestiua e; debiliſ. nō poteris i; groſſos  
cibos. cuiusmoi ſunt carnes porche ſalſe et bouine: pifces ſoli exiccati. Silt in