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Imprint:

Director: Mag. Renate Plöchl

Deputy director: Mag. Julian Sagmeister

Owner of medium: Oberösterreichische Landesbibliothek

Publisher: Oberösterreichische Landesbibliothek, 4021 Linz, Schillerplatz 2

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mes. f. vera et medola. Vera Sal. describit. ij. amphosimorū in cōmento illius
canonis. vbi dicit Indigētia nō oportet laborare. di. Certa fames est cū homo
cibo indiget: vnde immēdius sequat appetitus Sed mendosa fames est cibi ap
petitus corpore nō indigente Et sic vt vera fames fit ex cōtritione et corrugatio
ne venarū orificiū stomachi procedentibus a succione membrorū inānitorū cibo
indigētū. sic mendosa fames solet ab his fieri que stringunt et rugāt orificium
stomachi membris cibis nō egētibus: vt ab actu frigidis stypicis aut acerosis.
Et istius signū et scđi precepti precedētis cōmemorat Auicē. in doctria scđa ca.
de eo qđ cōmedit sic inquit. Oportet preterea ne aliqđ cōmedat nisi post desi
deriū neq; in hoc tardet cū desiderū ebullierit. i. forte fuerit: nisi mendosum fue
rit. vt ebrioz desiderū et habentū fastidiū. qm̄ tollerare famē stomachū putri
dis replet humoribus. Et postea eodē capitulo dicit. Et neq; ipse neq; oēs qui
sanitate habere volūt aliquid cōmedāt nisi desiderū fuerit certū: et stomachus
et superiora intestina a primo hūiēte euacuata fuerint. Qđ em̄ in corpore exi
stīt deterius est si nutriēs super nutriēs qđ nō est digestū mittet. Scđm̄ signū
est qđ significat super certo desiderio siue certa fame est subtilis diēta precedēs
scđ ē parua admistratio cibi qm̄ illam sequit fames. scđ esse certa et vera.

Stippria h
stippria et d
trōz hny ed d
rāto h p
rat appetitū
medū di nō a
gubna Nlla
D p m r p p e
tranz: di hia
natam t p d
ciboz digesti
arato fil

et h
in vob
ab em̄
fomax
im val
dum.

Vari
at vbi
bon de
lectar
qz nō d
vri lū
Seri
c p h
p s h
banh
poma
m h
d g
st
bata
vbi
poma
h h
m h

Sciendū est insuper qđ in vna et eadē refectione pessimū est simul multos et di
uersos cōiungere cibos. vt carnes et pisces vel pullos et porcū. et postea pro
longare tps in cōmedēdo. quia primus cibus iam digert incipit cū aduenit vlti
mus. Et sic partes cū dissimiles fiunt in digerēdo sic qđ p̄assumptū prius dis
geste sunt qđ postremo sumptū sue digestionis mediū attrigerint: vnde fit qđ que
dā corrūpūt alias. Et istud inuit Auicē. in. i. doc. ij. c. de eodē qđ cōmedit dis
cens. Et nihil quidē deterius est qđ diuersa nutrimenta simul adiungere. et post
hoc in cōmedendo tps prolongare. cū em̄ postremū nutriens aduenit: primum
iam incepit digeri. nutriētes ergo i digerēdo nō simulant. Sciendū est tñ qđ pro
longatio in cōmedendo moderate facta fere vna hora gratia bone masticatio
nis et transglutitionis est laudabilis et plurimū cōferens ad cōseruationē sa
nitatis. quia perfecta cibi masticatio cū morosa transglutitione sine ingluuie est
veluti mediā digestio. Sed mala masticatio vel digestione cibi impedit: vel ve
bementer retardat. Sed prolongatio in cōmedendo cū insuccionibus et pau
cis duab; vel trib; horis ē plurimū noctua et sequit ex ea nocumēta pharrata

De cibis vitandis.

Persica. poma. pira. lac. caseus et caro salia.

Et caro cervina. leporina. caprina bouina.

Hec melancolica sunt infirmis inimica.

Pferschen: byrn: milch: opfel: keef

Vonn ochsen: vnd alls gesaltzen fleisch

Von hyrsen: hasen vnd von bygen

Sōln die krancken lassen bygem.

In hoc textu tangunt decē cibi siue alimēta melancolīa generatiua: aut infir
mis inimica. Quorū primū est cōmestio perficorū. De quibus Sal. ij. alt. c. tr.
dicit qđ et horū succens: et qđ velut caro facile corrūpibilis est: et oīno quidem
prauus. quare nō oportet: sicut quidē est: post aliud alimentū offerre. corruis
pūnt em̄ supernatātia. Deminisse autē oportet huius qđ cōe in omnibus. que
cūq; cacoebima humida lubrica et facile subire potētia. ppter h oportet ipsa
cōmedere priora alijs. sic em̄ ipsa celeriter subeunt: et illis viā faciūt. vltio autē

Magnum
ra: o. 10. Et v
paliū qđ dēcam
p pmitatē qđ

Infirmitatibus
Infirmis vna
pā t p mēdicē apm̄

h
mal
q m d