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Zumba|Smovey|Kräftigung **3 in 1**  
**Männer Fitness**  
**Starker Rücken**  
**Faszien Training**  
**Soft Workout**

Marianne Bernhard  
 Margit Stadler-Schauer  
 Marianne Bernhard  
 Petra Harrer  
 Margit Stadler-Schauer

# Fitness

am  
**STADLERHOF**  
[www.fitnessamstadlerhof.at](http://www.fitnessamstadlerhof.at)

## KURSSTART JÄNNER 2016

Dienstag	Mittwoch	Donnerstag
<b>3 in 1</b> 8.30 - 9.45	<b>Starker Rücken</b> 8.30 - 9.45	
<b>3 in 1</b> 18.00 - 19.15	<b>Faszien</b> 18.00 - 19.00	<b>Soft Workout</b> 18.00 - 19.15
<b>Männer Fitness</b> 19.00 - 20.30	<b>3 in 1</b> 19.30 - 20.45	

*Kurse auch  
 als Gutscheine  
 erhältlich!*



Veranstalter: Sport & Kulturverein 4KantHOF

**STADLERHOF**  
 WILHERING  
[www.stadlerhof-wilhering.at](http://www.stadlerhof-wilhering.at)

Anmeldung erforderlich! Weitere Informationen auf [www.fitnessamstadlerhof.at](http://www.fitnessamstadlerhof.at)

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So schnell  
 kann's gehen.

**LebensWert**  
 Schützt vor finanziellen Folgen bei Diagnose Krebs

**Christian Stadler**

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Die **ERSTE** Absicherung vor  
 finanziellen Folgen bei Diagnose Krebs.

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FINANZIEREN | VORSORGEN | VERSICHERN