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**Wie**  
**die österreichischen Vegetarier**  
**kochen.**



Mit Besprechung der Frage  
**Wie ernährt sich der Mensch richtig?**  
unter besonderer Berücksichtigung  
**der Kinderernährung.**

Im Anhang:  
**Diätetische Rathschläge für Leidende.**

— — —  
Von  
**Franz Kanitsár.**



**Liefung bei Wien 1899.**

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