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Hochsten In Spenatt zu kochen

Man soll nim hechten, schuppen, zu
stechen, schneiden und klein halten,
darnach nim dabei zugen ein nim klein
gehauen, und dasselbe Mußcabeli, pfeffer
und Negel, alles hechten in die Suppen
legen und halb lassen sieden darnach
nim abgeprennte Smalz so viel daß gen
halgt ist, dieselbe legen, wie die stato
lassen sieden, und wann man will
anrichten Meiß man alles Smalz
hin und die stuck legen und nim zu
richten pfeffer Saffran, streu, wie
man anrichtet nim Hechten stuck butter
darauf legen also ist es recht

und gutto

Im Schorpfen Wie Im Kelzen

Enten